

News Notes

Hickam Subway opening – The Hickam Subway opens today at 10 a.m. in the Hickam food court.

Jogging path litter – New trash cans have been placed along the jogging path near the water fountain between First Street and Bishop Point and the water fountain across from Ft. Kam Chapel. People who see litter on the ground can help base beautification by picking it up and putting it in one of these cans.

People are also encouraged to report litter in the industrial areas to the grounds contractor at 422-8383 or 449-9688 from 7 a.m. to 4 p.m. or contract monitors at 449-0565.

Cricket at Kapiolani Park – The Honolulu Cricket Club invites players of all experience levels to play Cricket at Kapiolani Park at the base of Diamond Head. For more information, call Nevin at 256-8236 or visit <http://home.hawaii.rr.com/cricket/hcc.htm>.

Sexual assault response program training – Any military or civilian personnel who have not received 2005 sexual assault response training or seen the 2005 Air Force Sexual Assault video can fulfill the mandatory requirement by attending training Tuesday from 10 to 11 a.m. in the Nelles Chapel Annex. Family members are welcome to attend. For more information, call the SARC hotline at 449-7272.

See NOTES, A5

29 days to the Air Force Ball

101

Critical Days of
SUMMER

Accidents hurt – safety doesn't

Source:
15th AW Safety office

In this week's Kukini



Kids deploy to Operation Hele On B1

Classifieds	B5-10
Crossword	B2
Movies	B2
Perspective	A2
Services	A8 -A9

Exercise, exercise, exercise

Wing deployment exercise increases operational readiness

By Senior Airman Erin Smith
15th Airlift Wing Public Affairs

Members of Team Hickam deployed to Base X and participated in a two-phase deployment exercise, Beverly Kahuna 06-D, which began Monday and concludes today.

The quarterly exercise allows the wing to practice and evaluate the 15th Airlift Wing's ability to deploy personnel and equipment to a forward location and sustain airlift operations in a nuclear, biological and chemical high-threat wartime environment.

"We exercise as a minimum once per quarter including one operational readiness exercise per year,"

said John Tauber, 15th AW chief of exercises and evaluations. "With the arrival of the new aircraft and the subsequent mission changes we will exercise two full-blown operational readiness exercises in 2006."

More than 300 people participated in the exercise which was split into two separate phases, a deployment phase and an employment phase.

During phase one, the deployment phase that tests a unit's ability to prepare Airmen for deployments, personnel and mobility folders were checked for contents, such as powers of attorney, wills, shot records and even life insurance.

The 15th Logistics Readiness See EXERCISE, A4



Photo by Mark Bates

Tech. Sgt. Betty Haynes, 15th Medical Group, performs emergency medical care on Airman 1st Class Perry Statham, 15th MDG, during a mass casualty exercise, part of Beverly Kahuna 06-E.

C-17 on the go



Photo by Mark Bates

Left to right, Tech. Sgt. Joseph Grunditz and Staff Sgt. Craig Neeley, 15th Aircraft Maintenance Squadron, put flares on a C-17 in preparation for a deployment from Hickam Sunday.

Inspection team evaluates AMS

By Senior Airman Erin Smith
15th Airlift Wing Public Affairs

Members of the 735th Air Mobility Squadron hosted the Logistics Standardization and Evaluation Program team as well as the Headquarters Air Mobility Command Inspector General team this week.

Two teams of 47 people evaluated each major section in the unit, evaluating key logistics processes throughout AMC logistics units. This helps ensure standardized, repeatable, technically compliant process execution.

"The 735th AMS has three major flights: command and control, maintenance, and transportation. All follow strict rules and regulations dealing with aircraft, passengers, cargo, and supplies," said Master Sgt. Jennifer Anderson, 735th AMS Air Transportation Standardization superintendent. "We follow similar processes of any commercial airlines including TSA's latest procedures with no liquid in hand-carried baggage. The AMC ensures up to the date instructions are published and available for our use."

The unit not only ships cargo but also offers space-available travel. To meet customer needs, inspections must be followed and things must be done "by the book."

Though some travelers are perplexed by guidelines and the many inspections that take place, maintenance of these standards helps people travel with a sound mind.

"Our motto 'safely, by the book, and on time' is one reason we follow these processes," said Sergeant Anderson. "Our customers being cargo shippers or space-available passengers can be confident we are doing things safe."

See INSPECTION, A5

Circle under construction



Photo by Senior Airman Erin Smith

Dion Ki, a contractor on base, works on the sidewalk surrounding Atterbury Circle as part of the expansion of the entrance to the circle. The project is expected to be completed Sept. 22.

Hurricane season in full swing

Information courtesy of 15th Civil Engineer Squadron

Hurricane season is halfway over, but that doesn't mean people can let their guard down. Remember to be prepared for any possible hurricane. This information can also be found on the Hickam Web site at www.hickam.af.mil/ces/limited/dpb.html. For more information, call the disaster preparedness flight at 449-5216.

Hurricane effects can cause bigger problems in Hawaii than on the mainland. There is no "safe haven" to evacuate to since we all live on relatively small islands. The shoreline is fairly near to all areas so there's less reduction in power as hurricane winds travel over land and heavy rains are quite likely since the storm is over the ocean at the same time it's over land. Finally, many Hawaiian homes aren't built to withstand severe storms, we have lots of windows to enjoy the trade winds and the view, and concrete houses are uncommon.

When a hurricane approaches Hawaii, it will be reported on radio or television. The news media will report the latest hurricane advisories received from the National Weather Service in Honolulu. Under normal weather conditions, the NWS issues weather forecasts every six hours, beginning at 5 a.m.

These advisories are sent to the news media every three hours on the location and characteristics of the storm. Additionally, information concerning storms 1,000 miles from Honolulu can be obtained by listening to the marine forecast broadcast on the NOAA Weather Radio (162.55 mhz or 162.40 mhz). During an approaching hurricane, the NWS will issue the following advisories:

Hurricane watch

A hurricane watch is issued when there is a strong possibility that hurricane conditions

See HURRICANE, A7

Polishing “the Pearl of the Pacific”

By Lt. Col. Dave Maharrey
15th Civil Engineer Squadron commander

Since my arrival at Hickam from Misawa Air Base, Japan, I have been marveling at the natural beauty on what is rightly known as “The Pearl of the Pacific.” In amazement I’ve been looking at all the various plants and trees with one thought, no snow. Seriously, having been a civil engineer squadron commander for a while, base beautification is one of the many items I notice when I go to any base. Hickam’s definitely got a head start with its natural beauty, but natural beauty only goes so far. It takes an effort by the

entire team, not just in CE, to bring forth the total beauty. This effort includes folks taking care of their areas and picking up trash when they see it. These little acts add to the total picture we all see. This fall we will be having a base clean-up day that we have dubbed “Polishing the Pearl of the Pacific.” Details will be forthcoming soon about this bodacious Team Hickam effort to put more “polish” on the most beautiful base in the Pacific. But when we talk of polishing, we as leaders should not just focus on shining the outside, we must also work to bring out the glow from within us and our Airmen. There are three qualities that I believe leaders must

demonstrate and grow within those they lead: The three P’s are Pride, Professionalism, and Performance: **Pride** Confidence in yourself, in your abilities, in the quality of the work you do. Be proud in the fact that you are an American, serving in the Air Force to guard our freedom and our way of life. For supervisors, it’s not only what you personally do, but what you instill in those you are expected to lead. Note I said lead; not manage or form a committee with. Take pride in the fact that you are an Airman and share that with your troops. As you know, when the job must get done, it is an expeditionary Air Force

that makes the mission happen. So hold your head up and walk tall, but don’t boast. Just do. **Professionalism** Doing the job right, every time, even when no one is watching. Supervisors, you are responsible for instilling this spirit in your Airmen’s hearts. You are a member of the finest military the world has ever seen. As such, people judge us by a higher standard. We should not and must not expect any less from ourselves and our efforts. While it is our military might countries respect, our individual actions directly influence how our great country is characterized by citizens of these countries and how our service is respected by our citizens.

Performance Giving your full effort toward makin’ it happen, day in and day out. In a word: execution. As General George S. Patton, Jr. said, “If I do my full duty, the rest will take care of itself.” Performance is the final measure of all we do. Supervisors, this is also the main measure of how well you are doing as a leader. As a leader in my Air Force, it is your job, not your duty, to ensure that those you lead achieve all they are capable of. Dedicate yourself to the Air Force Core Values and thrust these three qualities into your career and into those you lead. With pride, professionalism and performance in our efforts, Airmen will always accom-

plish the task, on target, and on time. Each of you are Airmen who live and breathe an expeditionary mindset, anytime, anywhere. That attitude is as important here at Hickam as it is in the area of responsibility. And when I say Airmen, I mean military, civilians, officers, enlisted, wage grade, government service employees, contractors, and our most underappreciated team members, our families. It is our spouses and families who support us and allow us to meet the mission. To all our families, let me say what you do not hear enough, Thank you. Again, my wife Judy and I are excited to be here at The Pearl of the Pacific. Have a wonderful Air Force Day.

Air Force manning cuts – When to say ‘uncle’

By Lt. Col. Dieter Bareihs
18th Fighter Squadron commander

EIELSON AIR FORCE BASE, Alaska (AFPN) – The Air Force recently reduced the number of its active-duty Airmen in order to meet the congressionally mandated end strength of 359,700. The cuts continue as the Air Force intends to separate an additional 40,000 members. In the course of these cuts, a popular mantra was "do more with less" as the amount of work remained constant, yet there were less people to accomplish it. In fact, the amount of work has actually increased. Gone are the days when temporary duty orders magically appeared and Airmen

had one or two additional duties. Three or four additional duties are the norm, and computer-based training rules the day. Since its inception, "do more with less" has evolved into "do less with less." Recently, the phrase "do what you can with what you have" has become commonplace. As a new commander, this phrase not only makes the most sense, but more importantly, it provides guidance – to the commander as well as the youngest Airman. As the Air Force continues to reduce members, leveraging people for technology, it is not only important for Airmen at all levels to "do what they can with what they have," but also to know when

to say "uncle." For many of us, the importance of mission accomplishment is ingrained in our psyche. However, we cannot forget about our people. No one likes telling his supervisor something can't be done, yet that is exactly what needs to happen. Most Air Force people I've met in my 17-year career have been type-A personalities. If you let them, they will try to do more with less. They will work 12-plus hours a day in order to get everything done, but will wear themselves out while doing so. In the end, the mission will suffer. In doing what we can with what we have, supervisors and commanders must determine what must be

done in order for the mission to go on and what they cannot do because of limited resources. They then must provide corresponding guidance to their Airmen. In turn, Airmen must inform the supervisor or commander when they are unable to accomplish all that is being asked of them. Integrity is a core value. Informing our supervisors what can and can't be accomplished and the consequences of completing one task over another demonstrates integrity. Hiding things from our supervisors does not. Conversely, crying uncle only to avoid doing work (or maybe difficult work) is also a breach of integrity.

How do commanders and supervisors differentiate between work that won't get done and work that can't get done? Leadership. Know your people. Decide what and when to elevate to the next level in the chain of command and when to handle the situation. The only way to ensure senior Air Force leadership knows the level of "pain" being experienced in the field is to communicate accurately up the chain of command. If we as Airmen try to do more with less, senior leadership may assume that all is well, when that may not be the case at all. Do what you can with what you have. Maintain your integrity and keep your leadership informed.

Action Line

The Action Line is your direct link to me so we can work as a team to make Hickam a better community. I urge you to use the normal chain of command first. If you have done this and are still not satisfied, give my commander’s Action Line a call. If you would like me to get back to you, leave your name and number, state your issue, tell me who you have talked to and why you were not satisfied with their response. I’ll work your issue and respond verbally or in writing. The Action Line number is 449-2996. Messages may also be sent by e-mail to 15aw.pal@hickam.af.mil.

Housing delays

Comment: My spouse and I currently reside in a privatized base house and are scheduled to move when "phase one" new privatized construction is complete. The trouble is this construction has been delayed several times during the last six months. These delays range from missing kitchen cabinets, the inability to pour concrete or install landscaping due to wet weather, to the generic "construction delays." What delays? The units appear to be finished and ready to be occupied and yet they stand empty. To add salt to the wound, Hickam Community Housing has not been forthcoming with useful information concerning

our move. No town-hall style meetings were held and no question and answer sessions were conducted. All we got were a couple of vague letters. Their website states, "We make a concerted effort to ensure that residents are informed of all news and events that affect their family and community" but the information we have been provided concerning the new construction and move does not support this claim. My spouse and I have telephoned them several times and stopped by their offices several times but all we get is the generic "construction delays" excuse. Recently, HCH sent out a letter citing the delay will be indefinite but stated no reason or new timeline for moves to commence. The rumors are that the soil at the new construction site is contaminated, and responsibility for the cost of cleanup is in dispute. Officially, no one is saying anything. The bottom line is that I would like to know: 1. What is the delay in allowing us to move? Tell us, put it in writing and don't hide anything - we have a right to know. 2. What is being done to fix this delay? Let us know the options being considered and if there is a dispute, we should be informed. 3. When exactly will we move? We are tired of the best guess – pick a date within six months from now, and stick to it. Housing is a benefit and not a privilege. We are paying a lot

of money to HCH and it is time they gave us our money's worth. **Response:** I assure you Hickam Community Housing is working diligently to resolve development delays within the Hale Na Koa Community. Completion of these homes has been delayed due to higher than allowable pesticide levels (primarily chlordane used prior to 1988 to control termites) in the soil. HCH and the Air Force have been working to resolve the issue in order to complete this community as soon as possible. We expect the issue to be resolved shortly. Development should resume shortly thereafter. If all proceeds as planned, houses should be offered to residents as early as Christmas. I am sorry you feel that you have not been given complete and accurate information. My staff and HCH practice open transfer of information and neither of us have any intentions to hide information or mislead anyone. Please understand this is an issue we take very seriously. Team Hickam residents are very important to us we want to make sure when homes are offered to families, they are complete and meet Air Force standards. HCH will certainly inform you and other residents as soon as more information is available regarding opening of these homes. Thank you for your patience.

Hickam Diamond Tips



First impression

Don't forget the value of a good “first impression.” Your appearance, the way you carry yourself, your attitude, all tell a story ... your story. Don't leave it up to someone else to form an opinion about what kind of Airman you will be. Set precedence early with good eye contact, a firm handshake and/or quick salute. You will see the rewards. Questions? Contact your First Sergeant

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Deadline for copy is noon Thursday for the following Friday's issue. Copy must be typed, double-spaced 12-point type, 300 - 500 words in length, and e-mailed to hickam.kukini@hickam.af.mil.

Crisis Response lines

Hickam Family Support Center
449-0300
Life Skills Support Center
449-0175
Law Enforcement Desk
449-6373
Base Chaplain
449-1754
Military Family Abuse Shelter
533-7125
SARC Hotline
449-7272



Cactus Aloha pits 93rd against 199th

Oahu exercise gives crews chance to train differently

Photos and story by Master Sgt. Ray Sarracino
482nd Fighter Wing Public Affairs

Pilots and support personnel of the 93rd Fighter Squadron left Homestead Air Reserve Base, Fla. to train with the F-15's at the Hawaii Air National Guard's 199th Fighter Squadron for exercise Cactus Aloha.

Cactus Aloha is a Dissimilar Aircraft Combat Tactics training exercise. What this means is the F-16s the 93rd FS are pitted against the F-15s of the 199th FS. Each aircraft has distinct flying and fighting capabilities, which affords both units the chance to experience training against a different platform than their own.

This type of training is considered extremely valuable for unit effectiveness, according to 1st Lt. Dan Moreno, 482d Wing's Operations Group executive officer. "This type of training allows everyone involved from pilots to maintainers to support personnel the opportunity to work in a different environment, face unique challenges and be prepared to carry the mission wherever it is needed," he said.

Among the maintainers, morale remains high, despite being on the road. Troops have found their temporary home in Hawaii to be hos-

pitable. Tech. Sgt. Phil Vargas, a unit crew chief said, "The weather and scenery have been great. We've adapted pretty well to working here. The Hawaii Air National Guard personnel have been very hospitable."

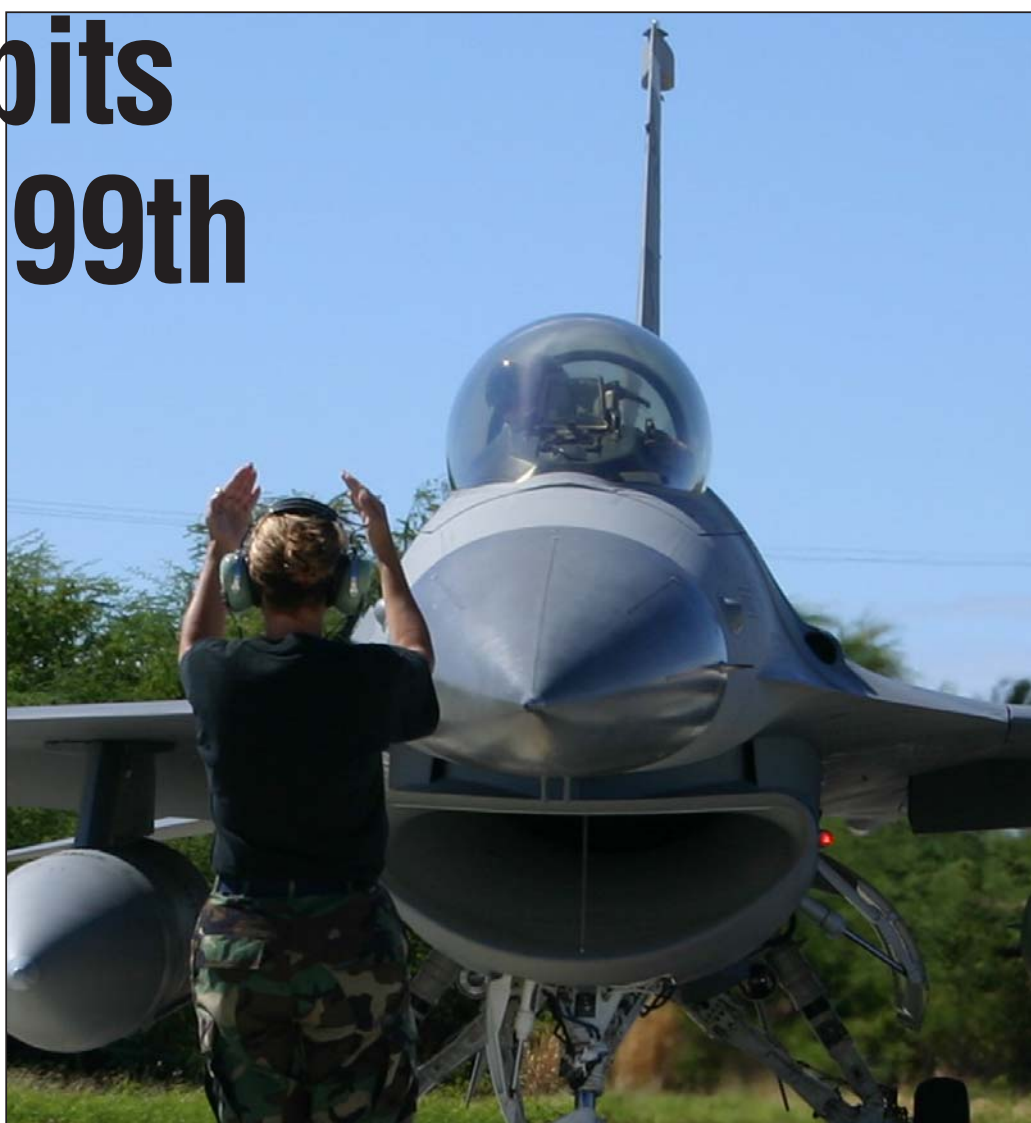
The 199th FS hosts a number of units for "Aloha" exercises throughout the year. In fact, the Aloha name is carried through all of the exercises. The only difference is when the 199th FS is training against other Guard units, the exercise is called "Sentry Aloha."

The logistics involved are mind-boggling. From coordinating transport, equipment, aircraft, people and facilities, to keeping up with, and maintaining all of it, requires a small army of people on both ends.

However, thanks to "Cactus Aloha" liaison, Chief Master Sgt. Craig Harimoto, the task has been manageable. His laid-back management style makes a complex and challenging task look simple. When asked, he was all smiles about it.

"This job is very fun and interesting," he said. "I came from a maintenance background, then wing safety, to this. All of these people have been good to work with."

Cactus Aloha continues through Saturday, when the team and their equipment head back to their home base in Florida.



Above: Staff Sgt. David Ortegon, flight engineer, checks the fuel load during the flight from March Air Force Base to Hickam.

Top right: Senior Master Sgt. Honey Lane, a first sergeant with the reserve unit, marshalls an F-16 during the exercise.

Bottom right: Staff Sgt. Adam Cartwright, left, instructs Senior Master Sgt. Honey Lane on the finer points of a preflight inspection. Sergeant Lane shadowed Sergeant Cartwright during the exercise to learn what a crew chief does.

Family fun



Photos by Senior Airman Erin Smith

Above: David Alanahunter, 5, works on a craft project Aug. 16 during a fiesta dinner put on by the Airman and Family Readiness Ceneter. The fiesta included a taco buf-fet, craft project and an opportunity for spouses and chidren of deployed military members to enjoy each other’s company at the base chapel.

EXERCISE, From A1

Squadron and 15th Mission Support Squadron also practiced sending deploy-ing equipment and people to the location. Passengers and cargo were loaded onto a C-17 to show capability. Once on the ground at Base X, the employment phase began. The employment phase refreshed the players on operating in a deployed setting. During the simulat-ed deployment to foreign soil, the players responded to everything from aggres-sor forces attempting to penetrate base perimeter security to simulated

enemy missile attacks. Air-man's readiness to perform their assigned wartime mis-sion was tested and evalu-ated. They also received ability to survive and oper-ate training, explosive ord-nance reconnaissance and chemical gear training, which also included removal of the gear without contaminating oneself. Additionally, players were given the opportunity to practice weapons clearing and safety as well as self aid and buddy care. During the week, the wing responded to an increased local threat pres-

ence which pushed an increase in Force Protec-tion levels on the base. Though the exercise did not actually begin until Monday, participants re-ceived additional training Aug. 18 when they had to set up Base X, the deploy-ment site. Set-up included everything from filling sandbags to setting up tents to live in for the week. “The overall mission objective of this exercise is to give wing leadership a clear and concise view of the 15th Airlift Wing's abil-ity to carry out its wartime mission,” said Mr. Tauber.

Meet

the NEW commander

Lt. Col. Jeff Schwefler
15th Communications Squadron

Hometown: Boxford, Mass.

Family: Spouse: Christine, Sons: Dou-glas and Nicholas

How do you spend your off duty time?
Spending time with family

What are you personal goals as the 15th CS commander? Generate excite-ment amongst unit members about being in the 15th CS. Provide exceptional commu-nications support to Hickam.

What challenges do you see as the commander of 15th CS? PBD 720 man-power reductions and shrinking budgets for support contracts.

What advice would you give to those pursuing an Air Force career? Be absolutely the best at what you do, the rest will take care of itself.



Photo by Mark Bates

Airman 1st Class Mark McMahon and Senior Airman Scott Jacobson, 15th Civil Engi-neer Squadron, stand ready to guard Base X against enemy infiltration.

INSPECTION, From A1

During the inspection, processes will be measured from the biggest and most visible jobs right down to ensuring members are following flight line speed limits. Inspections like this mean that leadership and troops must work together to ensure everyone is aware of standards and that troops are carrying them out.

The leadership at the 735th AMS makes sure troops have not only proper tools and equipment to carry out their jobs and accomplish the mission but also the current technical data and policy guidance. Another key component of mission accomplishment, according to Sergeant Anderson is keeping people upbeat and motivated during long duty hours.

“My staff of four aerial port evaluators are the true glue holding the flight together for pre-inspections,

scenario practices, and proficiency testing,” added sergeant Anderson. “We are successful because of their input, tough work ethics, and service before self attitudes. I am proud to serve with them.”

Preparation for inspection teams helps unit personnel meet warfighter needs, but their main focus is for daily operations. The members at the 735th AMS boast a team of military and civilians working together to make everything run smoothly.

“I love the people, I love our mascot “Dusty” and the unique way we take care of each other; or whether it is working overtime on a project or volunteering to help in the community,” said Sergeant Anderson. “We are ready to show we can perform our peace and wartime mission. We take pride in our unit and our motto ‘Safely, By the book, and Then on time.’”

NOTES, From A1

CPR class – An American Red Cross CPR and First Aid Course is Sept. 9, 16 and Oct. 7. Cost for the class is \$42 and covers adult, infant and child CPR with first aid. An Adult CPR class with automated external defibrillator and first aid training is Saturday. Cost for this class is \$35. Pre-registration is required and classes fill up fast. For more information to register, call 449-0166.

HCH closed Aug. 31 – Hickam Community Housing is closed Thursday for internal staff training. Appointments for either a pre or final inspection that day are still happening. For emergency work requests, call 423-1650.

PWRR Submission – To prepare for the end of the fiscal year, all communication project workflow requirements and resource manager requirements are

due Thursday. For more information, call 449-7969.

Weight loss class – Classes are Thursdays with weigh-ins beginning at 11:30 a.m. and class starts at noon. Fifteen members are needed to get the class up and running again. People interested in joining the group can call Sarah at 423-3101 for information and to reserve a spot.

Thrift Shop – The Hickam Thrift Shop is located in Building 1711 on Kuntz Ave. The hours of operation are Mondays, Wednesdays and Fridays from 9 a.m. to 1 p.m. Consignments are Mondays and Fridays from 9 to 11 a.m. Donations are appreciated and can be dropped off at anytime in the shed located in front. For more information, call 449-6603.



Minor government-owned vehicle accident

An active-duty Air Force member reported while attempting to make a left turn her vehicle scraped the right side of a bus onto the concrete poles in front of Bldg 2028. The damage consisted of a 12 to 14 inch scratch on the rear fender.

Theft of government property

An active-duty Air Force member reported his ID card stolen from his vehicle.

Theft of government property

An active-duty Air Force member reported his duty gear stolen from Area 61.

Minor vehicle accident

A spouse of a retired Army member reported her vehicle was struck by another vehicle. Damage to the first vehicle consisted of multiple scratches on the rear driver side quarter panel. Damage to the second vehicle consisted of five inch by one inch scratches on the rear bumper.

Damage to private property

A spouse of an active-duty Air Force member reported damage to her hub cap. Damage consisted of a bent hub cap. Estimated cost of repair was \$50.

Theft of government property

A civilian employee reported two air conditioners, copper

wiring, one copper pipe, and two copper tube coils stolen and eight power wires from a pole to a building had been cut. Approximate value was \$68,000.

Shoplifting

A retired Army member was detained at the base exchange for shoplifting. Total cost of stolen merchandise was \$295.

Damage to government property

An active-duty member reported damage to his backyard fence. The fence was damaged to the point that it could not open or close.

Minor vehicle accident

A spouse of an active-duty Air Force member reported a vehicle accident. The spouse backed into the vehicle of an active-duty Air Force member. Damage consisted of one broken tail light, one small dent on the top left of the tail light approximately four inches wide and four inches tall, one large dent to the back driver side bumper approximately eight inches wide and eight inches tall.

Shoplifting

A retired Army member was detained at the base exchange for shoplifting. Total cost of stolen merchandise was \$306.60.

Sex related offense

An active-duty Air Force member reported a military member’s child had been touched inappropriately by

another military member’s child. Security forces investigations assumed control of the incident.

Damage to private property

A non-appropriated funds employee reported the glass on the front of a vending machine was shattered.

Insubordinate conduct toward a noncommissioned officer, failure to obey an order or regulation, drunk on station

A family member of an active-duty Air Force member reported a possible fight. Upon arrival it was discovered there was an argument between two active-duty Air Force members. During the investigation three active-duty Air Force members were apprehended for the above charges.

Drug possession

A spouse of an active-duty Air Force member reported observing individuals with marijuana and a bong.

Domestic disturbance

A spouse of an active-duty Air Force member informed security forces that he had been involved in a verbal altercation with his spouse at his quarters.

Government-owned vehicle accident

An active-duty Air Force member reported her vehicle struck a fire hydrant. Damage consisted of a six inch to one foot paint transfer on the front bumper, and a one foot hole on the right, front fender.

HURRICANE, From A1

will threaten coastal or inland communities within 36 hours or less. It means people should take action to purchase supplies and secure their home. When a hurricane watch is given, this is the time to:

- Stay tuned to local radio or television stations for official weather and civil defense instructions.
- Discuss with family members an emergency meeting place should anyone become separated because of the storm.
- Fill the car with gas. Check battery, water and oil.
- If necessary, prepare to evacuate. Put together a survival kit. Make sure flashlights and portable radios are in working condition and

there are extra batteries. Refill prescription drugs or purchase other necessary medication. Get a five-day supply of non-perishable foods. Resupply the emergency stocks of candles, matches, fuel for camping stoves and lanterns, first aid supplies, pet foods and supplies if necessary.

- Sterilize containers, including the bathtub and washing machine, for storing drinking water.
- Boat owners should moor it securely before the storm arrives. If the boat is small enough, remove it from the water and tie it down securely on high ground away from the shoreline. When the boat is

moored, leave it. Do not return once the wind and waves are up.

Hurricane warning

A hurricane warning is issued when there is a very high possibility of hurricane force winds - sustained winds of 74 mph or more - within 24 hours or less. The warning will identify areas where conditions are expected to occur. Do the following:

- Plan before the storm arrives and avoid the last-minute hurry which might leave people marooned or unprepared.
- Ignore rumors. The best source of information is the Emergency Broadcast System announcements on

radio and TV.

- Do not travel during high wind conditions. If outside and the wind becomes strong enough to blow down signs and branches, seek immediate shelter. These strong winds can knock people down or they can be injured from flying debris.

- Park cars in a garage or in an open space away from trees and utility poles. Do not park in an underground garage which may flood.

- Bring pets inside. Have plenty of newspaper for sanitary purposes.

- Keep phone lines clear unless reporting emergency information for authorities.

- Keep calm until the emergency has ended.

- If instructed to do so, be prepared to evacuate immediately.

- Board or tape windows if the winds are expected to be over 100 mph. The danger to small windows is from wind-driven debris. Larger windows can be broken by wind pressure. Close drapes and blinds.

- Secure any outdoor objects that could be blown away. Garbage cans, garden tools, toys, lanai furnitur, and other items could be blown about in high winds. Anchor or store these items inside before the storm strikes.

- Fill the emergency water supply items previously sanitized.

- Monitor the storm's position through NWS advisories and bulletins broadcast over radio and television.

- Beware of the hurricane center (the eye). If the calm storm center passes directly overhead, there will be a lull in the wind lasting from a few minutes to half an hour or more. Unless emergency repairs are absolutely necessary, stay in a safe place. Remember, on the other side of the center, the winds will rise to hurricane force very rapidly and come from the opposite direction.

- Hurricanes may cause severe flooding in low-lying areas. Stay away from stream, river and coastal floodplains.

Southeast Asia tour

Time is running out to sign up for this exotic trip to Southeast Asia touring Oct. 5 - 17. Travelers will spend four nights in Bangkok, Thailand, three nights in Siem Reap, Cambodia and three nights in Kuala Lumpur, Malaysia. The cost is \$2,295 per person, based on double occupancy. For more information, call 448-2295.

Fitness challenges

The Sports Leadership Club offers Fitness Skillastics challenges, giant game activities, cup stacking and other ways for youths ages 9 to 18 to enjoy fun fitness. This Fit Factor event happens tonight from 5:30 to 7:30 p.m. at the Youth Center Gym. For more information, call Dana at 448-8026.

Give Parents a Break

The next monthly Give Parents a Break program is being offered tonight from 6 to 11 p.m. Parents who need a few hours off from stresses such as having a deployed spouse or a child with special needs are invited to take advantage of this unique program from the Child Development Center. For more information, call 448-9880.

Texas hold 'em tournament

Put on your best poker face tonight for the Texas Hold 'Em Tournament at the Enlisted Club. Check-in between 6:30 and 6:50 p.m. at the customer service center. It's free. First come, first served for this Members Only event. No bluffing. For more information, call 448-2271.

Flick-N-Float movie

Pool all family and inflatable resources as the Flick-N-Float summer film festival continues at Pool 2 on Saturday. Madagascar begins at 8 p.m. A wild group of animated animals ventures from the zoo into adventures of the incredible kind. Tickets cost \$3 for pool entry. The snack bar will be open. Children under 10 must be accompanied by an adult or guardian. For more information, call 449-5215.

Women's and girls' self-defense workshop

This self-defense workshop is designed for women and girls ages 8 and up. It will be held at the Hickam Fitness and Sports Center on Saturday from 11:30 a.m. to 1 p.m. The class is free but is limited to 25 participants. For more information, or to register, call Susanne Dale at 448-4640 or 448-2214.

Banana boat rides

Hang on tight for a slippery banana boat ride on Saturday from 11 a.m. to 4 p.m. These big bananas seat five people and are towed behind an 18-foot powerboat that departs from the Hickam Beach Shack. Peel out for just \$5 per person. For more information, call 449-5215.

Pre-holiday celebration disco

Because it's never too early to start celebrating the holidays, J.R. Rockers hosts a Pre-holiday Celebration Disco Sunday night from 9 p.m. to 2 a.m. Party down with two rooms of entertainment. For more information, call 448-2271.

Bottom fishing in Hickam Harbor

Learn the lure of bottom fishing and hook a great catch on Sept. 2 from 8:30 to 11:30 a.m. Registration must be made by Wednesday.

The \$35 per person fee for this excursion includes two guides, boat transportation, fishing poles and bait. A minimum of four people are needed for the trip and the boat can hold a maximum of six. For more information, call 449-5215.

Group surf lesson

A group surf lesson is Sept. 3 from 9:30 a.m. to 12:30 p.m. Participants should register for this group surf lesson by

Wednesday. Participants must be able to swim without a life jacket and be willing to spend \$35 for board rental, transportation and the wisdom of two instructors. For more information, call 449-5215.

Team Hickam Sports Day

Team spirit peaks during Team Hickam Sports Day on Sept. 22. Registration takes place from Sept. 1 - 15 through Unit Fitness and Sports Advisory Committee representatives.

Events include volleyball, bed races, kayak races, horseshoes, fitness challenge and tug-o-war. For more information, call 448-4640 or 448-2214.

Club membership drive

The 2006 Air Force Club Membership Campaign kicks off Sept. 1 and continues until Nov. 30. Join the Enlisted or Officers' Clubs during this time and receive one month free dues, a special new member coupon book, entry forms for weekly prize drawings and a chance to win one of two Hummer H3s.

“A Taste of Hickam Clubs” is free and open to all on Sept. 12 from 10:30 a.m. to 2 p.m. The event happens across from the Enlisted Club in the Dorm Picnic area and includes free food and beverage tasting, games, music and more. For more information, call the E' Club at 448-2271 or the O' Club at 448-4608.

Tailgate sale

One man's treasure might be found in another man's tailgate.

And for a bargain price, at that. The next Tailgate Sale is Sept. 2 from 7 to 10 a.m. in the Burger King parking lot. For more information, call 449-2361.

Mixed couples tournament

Find a partner with drive, make some double eagles and you just might win a prize in the Mixed Couples Tournament at Mamala Bay Golf Course on Sept. 3. Second round times will be used beginning at 11:45 a.m. The entry fee is \$15 plus daily green and cart fees. Sign up at the Pro Shop. For more information, call 449-6490.

Labor Day camping at Hickam Beach

Have a family campout Labor Day Weekend while enjoying sunny Hickam Beach. Free 15-foot by 15-foot campsites are available

by registering at Hickam Harbor. Set up begins Sept. 3 at 4 p.m. and the sites must be broken down by 9 a.m. on Sept. 4. Only one campsite per family. No open fires or glass containers are allowed. For more information, call 449-5215.

Officers' Club First Friday

Due to a Family Day, the next First Friday at the Officers' Club will be held on Sept. 8 from 4:30 to 10:30 p.m. “Saddle up and git the doggies along” for Western Roundup in the Koa Lounge. DJ Pat Miller spins country-western music. For more information, call 448-4608.

Sea Breeze Restaurant renovations

The Sea Breeze Restaurant will remain closed for an additional two to three weeks for facility improvements. The Sand Bar & Grill will

be open as usual. For more information, call 449-9900.

Kindermusik classes

Kindermusik is an early childhood music program. A highly trained, licensed educator leads parents and children through activities using music and movement. Classes are held at the Community Center for youngsters aged 0-18 months, 18 months-3 years and 3-5 years.

The 12-week fall session begins September 19. For more information, call 449-3354 or the teacher, Caren at 422-6437.

Harbor pre-school enrollment

The Harbor Pre-school has immediate openings for afternoon sessions. Potty-trained children who are 3-5 years old and have a current TB test are eligible. For more information, call 449-9234.

Half-priced holes

Play nine holes of golf at Ke'alo-hi Golf Course and get the second nine holes at half price. This offer is available Mondays and Wednesdays from 6:30 a.m. to 4 p.m. and Tuesdays from 1 to 8 p.m. for a limited time.

The second nine holes must be played on the same day. For more information, call 448-2318.

Back to school means back to fitness

If working out was difficult while the kids were home on summer vacation, then get back to fitness with a personal trainer from the Fitness and Sports Center.

Choose from either single or package tailored sessions with group discounts available for two to four people.

For more information, call 448-2214.